

MILL CREEK CIRCUIT

One mile loop in beautiful Mill Creek Park, Youngstown Ohio

Sunday, June 7, 2009

Held under USA Cycling permit ID # pending

Category	Start Time	Laps
CAT 4/5 AND Women*	9:00 AM	15
Masters 35+ (Cat 3,4,5 Only)	10:00 AM	20
CAT 1/2/3	11:30 AM	25
* women 1 minute delay start		--

Registration: At Mill Creek Park Recreation Area. Registration opens at 8:00 am and closes 15 minutes before the start of each race

Rules: All USCF rules apply. Approved helmets required for all racers.

Race course: Just a rolling one mile loop with a fast descent and sweeping right turn to a 0.1 mile climb before the start/finish. The entire course will be swept clean the day of the race for you to challenge yourself and other racers. The course is closed to traffic.

Directions: From the North and West Take I-680 South exiting at 3-B (Belle Vista Ave.) At the first stop sign turn left on Manhattan. Turn right at the next stop sign on Belle Vista Ave heading south into the park. **From the South and East** Take I-680 North to Exit 3C. At the first stop sign turn left onto Wellington Avenue. At the first stop light turn left on Belle Vista Avenue heading south into the park. The registration area is adjacent the parking lot and the course is accessible by foot or bike only a short distance over the hill.

Location of race: Mill Creek Park. James L. Wick Recreation Area.

Entry Fee: \$25.00

Max of \$499 prize list for any race

Prize: 50% payback from registration fees. **Contact:** Jim Yankush (330) 540-7005. All entrants must sign standard USCF release form at registration. One-day licenses can be purchased at registration for unlicensed racers. Unlicensed racers must register in Cat 5.